

# K-STATE Research and Extension

### Walnut Creek District

District Newsletter February, 2022

### LANE COUNTY

144 S Lane, Courthouse PO Box 487 Dighton, KS 67839 Office: 620-397-2806 Toll Free: 866-755-1654 Fax: 620-397-2597

Family & Consumer Sciences



### 2022 Kansas Dicamba Training Information

### Frequently Asked Questions

### Do all dicamba product labels require the additional training?

You are required to have additional label-required dicamba training when applying the restricted use dicamba products: Engenia, XtendiMax or Tavium with Vaporgrip.

### Where can I get the training for 2022?

BASF: (webinars, online training and face to face) engeniaherbicide.com/training.html

Bayer/Monsanto: (online training and face-to-face) <a href="https://www.roundupreadyxtend.com/">https://www.roundupreadyxtend.com/</a> stewardship/Pages/default.aspx

Syngenta: https://www.syngenta-us.com/herbicides/tavium-application-stewardship

### Do I need to attend training if I already did in 2020 or 2021?

The labels of these products state that prior to applying this product in the 2022 growing season, all applicators must complete dicamba or auxin-specific training on an annual basis, so even if you attended in 2020 or 2021 you will need to attend a training in 2022 prior to applying these products.

### Do I need to be certified to use these products?

The new labels state that these formulations are for retail sale to and use only by certified applicators. In the state of Kansas, this means that everyone purchasing and using these products has to either obtain a private applicator license (application to agricultural lands owned or operated by individual) or a commercial applicator license (applicators applying to other people's land for compensation). If you have been applying under someone else's license in

### **NESS COUNTY**

503 S Pennsylvania Ave Ness City, KS 67560 Office: 785-798-3921 Toll Free: 877-798-3921 Fax: 785-798-3540

Robyn Trussel 4H & Youth

Ag & Plant Sciences

#### **RUSH COUNTY**

702 Main St PO Box 70 LaCrosse, KS 67548 Office: 785-222-2710 Toll Free: 800-460-9079 Fax: 785-222-2843

> Jared Petersilie Ag & Livestock

the past you will need to get your own license if you are applying these products.

### My hired hand and I both hold private applicators licenses. He will be doing all my spraying. I am taking the dicamba training, but does he also have to take the dicamba training?

Yes, anyone who applies one of the RUP dicamba products must complete an approved dicamba training and hold either a private or commercial applicator license.

### Do other states accept Kansas's state-approved RUP dicamba training?

Oklahoma does not accept online or live webinar dicamba training provided by BASF. Colorado, Missouri and Nebraska will accept training offered by Bayer, BASF and Syngenta.

This information is made available by the K-State Pesticide Safety and IPM Program. Contact your local Extension Office if you need additional information.





### **2022 Kansas INPUT COSTS Survey**

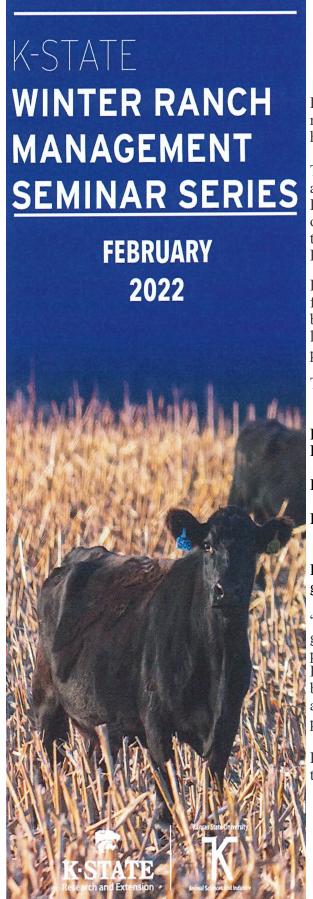
The Land Use Survey Office at Kansas State University, in collaboration with Kansas Department of Revenue, is seeking responses to the **2022 Kansas Input Costs Survey**. As you know, agricultural production expenses have increased dramatically over the past year and continue to be extremely volatile. This situation makes your response even more critical for your future decisions and for those of your fellow Kansas agriculture stakeholders.

Please enter your best estimate of the average costs for fertilizer, herbicide, insecticide, and seed in your area. Completion of the survey should take less than 5 minutes. If you have provided input cost information in the 2022 Kansas Custom Rates Survey, there is no need to complete this survey.

To complete the survey, please visit <a href="http://www.tinyurl.com/ksinput2022">http://www.tinyurl.com/ksinput2022</a>. If you know of anyone else who may be able to answer questions from the survey, please share this email or the link to the survey with them.

Response to this survey is voluntary, and your response will be kept confidential. Individuals, cooperatives, local agribusinesses, etc. are surveyed. Previous copies of the Kansas Input Costs Survey reports are located at <a href="https://www.agmanager.info/farm-management/land-buying-valuing/land-use-value-research">https://www.agmanager.info/farm-management/land-buying-valuing/land-use-value-research</a>.

If you have any questions or prefer to complete paper copy of the survey, then please do not hesitate to contact me at <a href="ltsoodle@ksu.edu">ltsoodle@ksu.edu</a> or the Center at 785-532-3509. This survey will be open until April 30, 2022.



Kansas State University will host the Winter Ranch Management Series in February at four locations in the state to enhance cow-calf producers' management strategies.

The meetings will feature a popular town hall, question-and-answer session between Kansas cattle producers and K-State Research and Extension specialists. "The series has a history of being a successful stretch of meetings, which are hosted throughout the state of Kansas," said extension specialist Dale Blasi.

He added that the topics discussed may include considerations for managing bulls, trends in cattle feeding and strategies for beef cattle implant, though the agenda will vary slightly by location. Blasi said the focus is on enhancing profit in beef production.

The date and location planned for this year include:

Date: Thursday, February 24, 2022

Hosted by: Golden Prairie District, Thomas and

**Rawlins Counties** 

Location: Buffalo Bill Cultural Center, 3083 US 83,

Oakley, KS 67748

RVSP: By February 17 to: Kelsi Wertz, 785-673-4805;

kjwertz@ksu.edu

Registration begins at 5 pm with a meal at 5:30 pm. The program will follow wrapping up at 8 pm.

"The Winter Ranch Management Series provides another great opportunity for state and local specialists to take our expertise out in the country for a series of impactful meetings," Blasi said "Our extension team has a breadth of experience in beef cattle management, reproduction, genetics, animal health and nutrition. We're here to help solve and prevent production problems with reliable information."

Registration fees vary by location. More information about the series is available at <u>KSUBeef.org</u>.

# 4H and Youth—Robyn Trussel

## **Upcoming 4-H Events**

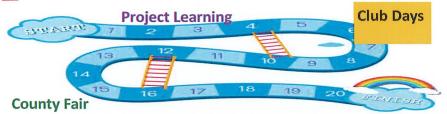
### **New 4-H Family Meeting**

Tuesday, February 15th 7:00pm

Check your email or Facebook for a Zoom Link to join us!

**ENROLL** 

**Select your Projects** 



**Record Books** 

4-H Record Book Help Night Zoom
Wednesday, February 23rd 5:45pm
Jump on ask questions, check in to see
What you need to know.



### **Upcoming Dates Feb/Mar**

10—Rush Livestock Meeting 7pm

11—Club Day Entries Due by NOON

12- NS Livestock Kids Concession

13—NS 4-H Council 4pm

14—RH Jr Leaders 6:00pm

14—RH 4-H Council 7:00pm

15—New Family Zoom 7:00pm

19—4-H Club Days—La Crosse

20-21—Citizenship in Action, Topeka

23—4-H Record Book Help Night Zoom 5:45pm

### March

1 – State Scholarships Due

5—Regional Club Days, Dodge City

5—Jr Beef Producer Days, Manhattan

19—Jr Sheep Producer Days, Manhattan



My name is Janna Wade. I am a new Office Professional with the Walnut Creek Extension District in Rush County and I am excited to be a part of this team.

I moved to Kansas at the end of October 2021 and prior to that, I was in property management for 22 years. The most recent property I managed, had more residents in it that the entire town where I live now.

In my free time, I enjoy reading, listening to music, hiking, camping and spending time with my family, cat and dog. The people of Rush County have been very welcoming; I am excited to be a part of this tight knit community and look forward to meeting new people and assisting in any way possible.



Do you have a passion for crops/agronomy? We would love for you to join our team.

Apply to be a Crop Production Agent

Learn more at www.ksre.k-state.edu/jobs.

K-State Research and Extension is an equal opportunity provider and employer.

A criminal background check is required.

If you know someone that would like to work with a great team of colleagues and has the qualifications to be a Crop

Production Agent, Please Share this information with them.

Deadline to apply



### 4-H Super Saturday

Northwest 4-H Judging is a statewide 4-H and FFA event that will be held March 26, 2022. Youth take part in Crops, Entomology, Horticulture, Life Skills, Livestock and Photography judging contests. There is also a

4-H Volunteer gathering in the morning, to bring parents up to speed on new happenings in Kansas

4-H. Don't miss out on all of the great learning opportunities that Super Saturday has to offer. Mark your calendars to save the date and watch for more information coming out soon!







### **Keys to Embracing Aging**

The connection between the mind and body is strong, so an overall positive attitude — including an upbeat outlook on life — can affect overall happiness, health, and well-being. Similar to good health practices such as eating well and getting plenty of exercise, a positive attitude should be a habit that starts early in life. A positive attitude can impact mental health and physical functioning, including the ability to fight disease and infection. Attitude can also affect relationships, social networks, and help make success in life more likely. The bottom line: being more positive across the lifespan causes less stress and enables people to live healthier, happy lives.

### **Attitude affects:**

- how successful you are in achieving your academic, work, and personal goals;
- how you feel and look mentally and physically;
- what you do and say. Do you have a positive attitude?
- Are you optimistic, easygoing, or extroverted?
- Are you willing to learn, no matter how difficult it is?
- Do you laugh a lot or have a sense of humor by not taking yourself too seriously?
- Do you express emotions rather than bottle them up?
- Do you do your best when studying or working and try to improve how you do your work?
- Do you demonstrate enthusiasm in whatever you say and do?
- Do you welcome challenges, experiments, or try new ideas?

### **Accepting Change**

Being able to accept and adapt to change plays an important role in having a positive attitude, especially as life is filled with ups and downs. A positive attitude allows you to meet such challenges — both the good and bad — with less resistance. In this position, you are much more open to learning from mistakes, researching what you want, or seeing the possibility of new or better opportunities. When you approach change with rigid thoughts or feelings of apprehension, strain and stress are more likely to result, leaving you overwhelmed and more susceptible to a sense of failure and even depression.

### **Develop a Positive Attitude:**

Be confident.

Be positive.

Be patient.

Be a goal-setter.

Be a hard-worker.

Be fun (don't be too serious).

Be accepting of change.

### **How You Communicate**

You have something you want to share when you communicate with another family member. Using words is the most common way to express thoughts and feelings, but you also send nonverbal messages with your eyes, facial expressions, and body movements. Have you ever known anyone in your family to stomp out of the room without saying a word? That is a nonverbal message. Another important part of communication is listening. A good listener sends a nonverbal message of care and concern even if he or she does not agree with the message being sent. Thoughtful listening builds relationships. Conflicts happen when family members do not agree with each other. That is normal because no two people are likely to get along all the time. It takes time and effective communication skills to work through these differences. Treating each other with respect even when you are mad at each other is very important. That means no name calling, put downs, or insults. How you treat each other in conflict shows how much you value your relationship. Family members can learn many communication skills that help in getting along with each other.

### **Building Your Family Communication Skills**

- Think about typical interactions among your family members, including grandparents and other relatives. Review both the happy times as well as the problem times. It helps to think how you can increase the happy times while changing the times you clash with each other. It is easy to think that the other family member should change. Look seriously at yourself first to see what type of communication patterns you are using you have the most control over yourself in changing family interactions.
- You can get carried away by thinking bad things about others when there is a great deal of conflict. Stop yourself when negative feelings and thoughts about other family members overwhelm positive thoughts. Talk to yourself about the good qualities of other family members. Think about the good times you have had together. Self-talk is powerful for influencing your feelings and actions.
- Communication with family members involves talking, but listening is also important.
- Effective listening is one of the best ways to show you care for the other person. Effective listening builds trust, but takes patience and hard work. This type of listening is more than hearing just the spoken word. It allows you to understand what is actually said.
- A family member can tell when you are listening by noticing your eyes, facial expressions, and body movements. Part of listening may be as simple as saying, "Yes," or "I see," or nodding your head. Remember that family members sometimes want a listening ear without advice or judgment. Think about body language. What message are you sending? Are you fidgeting? Rolling your eyes? Smiling sarcastically? Think about your body position. Are you facing the speaker without being too close or too far away? Are you sending a message that you are truly listening?
- Effective listening does not mean you agree. You may not like what the other person says. You are just trying to understand and identify with the other person's message. You may need to ask questions to get the correct meaning of the intended message.



Walnut Creek Extension District 144 S Lane PO Box 487 Dighton, KS 67839

RETURN SERVICE REQUESTED

NONPROFIT ORG. U.S. POSTAGE PAID DIGHTON KS PERMIT NO.7





If you start vegetable plants indoors, it is often helpful to list seeding dates on a calendar so that plants are ready for transplanting at the proper time. To do this, choose your transplant date and count back the number of weeks necessary to grow your own transplants. For example, cabbage, broccoli, and cauliflower are usually transplanted in late March to early April. It takes 8 weeks from seeding to transplant size. Therefore, plants should be seeded in early February.

Information on how many weeks it takes to grow transplants is available in our January 4 newsletter at: https://hnr.k-state.edu/extension/info-center/newsletters/2022/Jan4\_2022\_01.pdf

Below are examples of some common vegetables grown for transplants and a recommended date for seeding. Dates are Saturdays as this is when many homeowners have the most free time. The dates are not set in stone, and a week earlier or later will not ruin the plants. Also, you may want to seed a week or two earlier if you are in southern Kansas and possibly a week later if you are in northern Kansas. Calendars can be reused year after

year by a slight reset of the dates. Also keep notes on how well the transplants did so you can tweak the planting schedule. Your conditions may result in plants that need a bit more or a bit less time.

| Crop                              | Seeding Date | Transplant Date |
|-----------------------------------|--------------|-----------------|
| Cabbage, Broccoli & Cauliflower   | January 29   | March 26        |
| Lettuce (if you grow transplants) | January 29   | March 26        |
| Peppers                           | March 19     | May 14          |
| Tomatoes                          | March 26     | May 7           |
|                                   |              |                 |