

## **Camp Sessions Available**

Rock Springs Ranch offers camp sessions of 3 or 5 nights. Whichever you choose, you're sure to have a fun-filled time with us.

# OF NIGHTS	2023 SUMMER CAMP
Overnight Camp - 3rd thru 12th Rising Grade	
3 nights	Session #1: June 4-7 (SunWed.)
	Session #2: June 7-10 (WedSat.)
	Session #4: June 18-21 (SunWed.)
	Session #5: June 21-24 (WedSat.)
	Session #7: July 5-8 (WedSat.)
5 nights	Session #3: June 11-16 (SunFri.)
	Session #6: June 25-30 (SunFri.)
	Session #8: July 9-14 (SunFri)
Leaders in Training (LIT) - Rising 10th-11th Graders	
5 nights	Session #1: June 11-16 (SunFri.)
	Session #2: June 25-30 (SunFri.)
Counselors In Training (CIT) - Rising 12th Graders	
5 or 6 nights	Session #1: June 4-10 (SunSat.)
	Session #2: June 11-16 (SunFri.)
	Session #3: June 18-24 (SunSat.)
	Session #4: June 25-30 (SunFri)
	Session #5: July 9-14 (SunFri)

Camp registration is open for 4-H camp at Rock Springs Ranch.

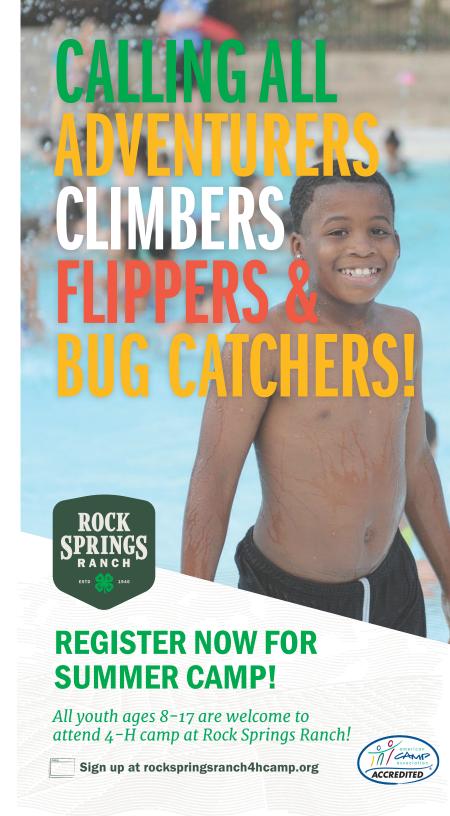
Use code **RSRSUMMERFUN** for a 10% discount. Visit us online for all camp sessions avialable for your camper! For more details about sessions and rates, scan the QR code!



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rockspringsranch4hcamp.org (785) 257-3221



# **Register Now!**





# RANCH IS THE BEST! 77

We're so excited about 4-H camp at Rock Springs Ranch! Our goal is to teach the positive youth development of Kansas 4-H and introduce our Centers of Excellence in Leadership, Conservation and Sportsmanship, We have created a truly formative experience for our campers under the endless skies of the beautiful tallgrass prairie of the Flint Hills.

## **Traditional 4-H Camp**



## **EXPLORERS -** Ages 8-10 (rising 3rd-5th graders)

Our youngest campers will work on gaining their independence, making new friends and discovering the larger world around them. While at camp they will enjoy archery, BBs, swimming, intro to horses, corcles, our giant swing and many more fun activities! This group will also have the highest staff to camper ratios.



#### **TRAILBLAZERS -** Ages 11-13 (rising 6th-8th graders)

This group has greater access to activities and will spend time with more campers in their age group working on skills development. Activities include 3D archery, swimming, horses, rifles, canoes, climbing wall, stream study and more!



#### **ADVENTURERS -** Ages 14-17 (rising high schoolers)

This is the oldest group in our "traditional" camp. Adventurers spend most of their time at activities they choose making friendships that will last a lifetime. Activities are at the top tier of 4-H camp at Rock Springs Ranch offerings including aerial archery, swimming, horses, trap shooting, kayaks, high ropes and zipline.

In addition to our traditional camp, we offer two unique camping experiences for older youth who are eager to take on greater challenges and advance their leadership skills.



#### **LEADERS IN TRAINING** - (rising 10th and 11th graders)

Leaders in Training (LIT) focuses on leadership and community development programming along with a service project. There will also be time to just relax, make new friends and enjoy other camp activities. This is an excellent progression if a camper thinks they may want to learn skills that transcend camp, advance to Counselors in Training or join RSR staff in the future.



#### **COUNSELORS IN TRAINING - (rising 12th graders)**

Counselors in Training (CIT) is a hands-on progression that develops the leadership abilities to help teens on the path from camper to counselor. Throughout the week, they will receive camper care training and counselor experience while improving their leadership skills and being mentored by youth development staff. They will also enjoy "camp" time with peers built into each day.

## **Centers of Excellence**

Areas of focus where campers grow in specific skills and foundational concepts







# **Camper Activities**

The campers will participate together in daily activities.

**SWIMMING** CLIMBING WALL

**GAMES ARCHERY** 

**ARTS & CRAFTS** HORSEBACK RIDING

**CANOEING PRAIRIE BIKES** 

**HIGH ROPES RIFLERY** 

**TEAM BUILDING CONSERVATION ACTIVITIES** 

S'MORES

**GIANT SWING** 

**STREAM STUDY TRAP SHOOTING** 

ZIP LINE **CAMPFIRES** 

**KAYAKS** 

**VOLLEYBALL LOW ROPES** 

**GAGA BALL** 

HIKING

## **VISIT OUR WEBSITE FOR MORE INFORMATION** AND TO REGISTER FOR SUMMER CAMP!

WWW.ROCKSPRINGSRANCH4HCAMP.ORG

